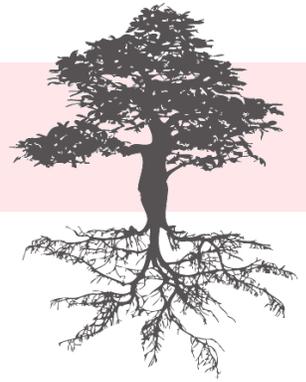


# Thrive - Women's Seminar



A planting of the LORD for the display of His splendor ~ Isaiah 61:3

Dear Ladies,

I am delighted that you have responded to God's invitation to you to come away. Jesus himself needed to get away and knew how to get away in the midst of a demanding full life to be in God's presence. My desire is that Jesus will teach us how to rest and receive in this place as he did. I believe that this weekend has a place of refreshment and realignment for each of us, and I invite you to come prepared. Some ways that you can prepare:

- \*Thank him for this gift of time away and that he will provide all you need to come away with him.
- \*Anticipate to meet him. Not just receive from him, but a special time to BE with him.
- \*Release expectations of this time looking or being a certain way. Ask God, "what do you have for me?"
- \*Invite him to prepare your heart. A way that you can do this is to choose a breath prayer. A breath prayer is a phrase that reveals a cry of your heart and can be prayed at any moment, as you breath in and breath out! It could be something like "I want to know you", "let me hear your voice". "Lord I am coming" or "I am yours." Whenever you think of coming to thrive, breathe your breath prayer.
- \*Remember to bring a journal or notebook and Bible etc.

I am praying for each of you and am anticipating the delight and power of the presence of the Lord that we are going to encounter together.

Sarah



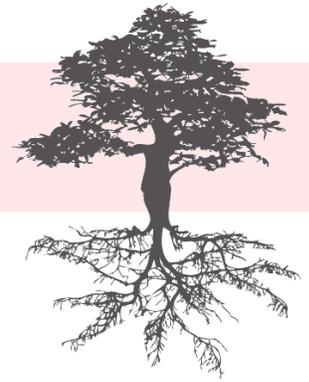
Our speaker/facilitator is Sarah Hatfield. She is a woman of deep faith, always seeking, always reaching, always going deeper in her walk with Jesus. She is a creative, Spirit-filled, sought-after speaker and prayer warrior. This year she will be sharing with us about being "a planting of the Lord for the display of His splendor" (Isaiah 61:3).

Sandee Doughton will lead us into musical worship. Sandee's sweet voice and seeking heart will gently guide us into special worship times together.



31 Little Mountain Road, Trout Lake, WA 98650 \* 509-395-2900 \* [jonah@campjonah.com](mailto:jonah@campjonah.com)

# Thrive - Women's Seminar



## TENTATIVE SCHEDULE

### FRIDAY

- 6:00 Registration, Move In
- 6:30 Personal Experiential Worship
- 7:15 Break
- 7:30 **Session 1**
- 10:00 The Lunch Counter (TLC)
- 12:00 Lights Out

### SATURDAY

- 7:00 Walk/Run the Block
- 8:30 Breakfast
- 9:30 **Session 2**
- 11:00 Personal Reflection
- 11:45 Breakout – Discussion Groups
- 12:30 Lunch
- 1:30 **Session 3**
- 2:30 TLC Open for the afternoon
- 3:00 Trust Fall, Nature Hike, Free Time, Prayer
- 5:30 Dinner
- 6:30 **Session 4**
- 9:30 TLC
- 12:00 Lights Out

### SUNDAY

- 6:45 Walk/Run the Block
- 8:00 Breakfast
- 8:30 Quiet Time
- 9:00 **Session 5**
- 10:45 Prayer of Blessing
- 11:30 See You Next Year!

The righteous **thrive** like a palm tree and grow like a cedar tree in Lebanon.

Planted in the house of the LORD, they **thrive** in the courts of our God.

They will still bear fruit in old age, healthy and green, to declare:

“The LORD is just; He is my rock, and there is no unrighteousness in Him.”

Psalm 92:12-15 HCSB

# General Information for *Made to Thrive* at Camp Jonah

April 21-23, 2017

31 Little Mountain Road, Trout Lake, WA 98650 \* 509-395-2900 \* [jonah@campjonah.com](mailto:jonah@campjonah.com)



Please let us know prior to arrival if you have special food or housing needs.



Registration is at 6:00pm in the main lobby. Please pull right up front and come on in the front doors to register. Our friendly staff will be waiting to help you unload and carry your luggage to your room and park your car for you if you wish. Be ready to turn in the Acknowledgement of Risk Form (attached) and make your final payment (or not).



What to Bring: sleeping bag, pillow, all toiletries (bath/hand towels, shampoo, soap, etc.), walking/running clothes and shoes, layers for indoors and outdoors for your comfort. Please bring a journal or notebook, pen, Bible.



Please plan to arrive at 6:00pm on Friday, April 21<sup>st</sup>. **Dinner is NOT provided**, so be sure to eat before you arrive. The seminar is over at 11:30 on Sunday. Check out the nearby Station Café for lunch if you'd like to linger longer in Trout Lake.



Meals Provided: Saturday – Breakfast at 8:30, Lunch at 12:30, Dinner 5:30, and Sunday – Breakfast at 8:30



The Lunch Counter (TLC) will be open for a hangout spot 24/7. The store area will be open upon request. Available are snacks, drinks, t-shirts, sweatshirts, hats, mugs, and more. Heavenly Grounds, our local coffee shop within walking distance, offers coffees, lattes, smoothies and baked goods. Coffee and Tea will be provided 24/7 in our Dining Hall.



A Few Rules: This is an alcohol-free campus. Smoking is allowed outdoors. Please leave your pets at home. We cannot accommodate young children. Nursing babies under one year are welcomed. Please let us know prior to arrival. Most of all we want you to meet Jesus here—without distraction!

# CAMP JONAH ACKNOWLEDGEMENT OF RISK FORM

## ALL GUESTS OF CAMP JONAH MUST SIGN THIS WAIVER (FORMERLY GUEST WAIVER)

31 Little Mountain Road, Trout Lake, WA, 98650 \* 509-395-2900 \* 509-395-2920 fax \* www.campjonah.com \* jonah@campjonah.com

**RELEASE OF LIABILITY:**

As a guest of Camp Jonah (Jonah), I understand that a certain amount of risk is involved for individuals engaging in activities involved with our program. As a guest or camper I recognize the element of risk in any adventure, sport or activity associated with the Jonah program. I am fully aware of the risks and dangers inherent in activities such as, but not limited to: hiking, rafting, caving, low and high challenge course, zipline, climbing wall, inflatables, swimming, backpacking, field games, etc.

I understand the possible risks and dangers of participating in such activities. I realize that illnesses and injuries related to unpredictable weather conditions, carelessness, including failure to follow instructions, of other participants and Jonah staff, may occur and may be the cause of loss or damage to equipment or personal injury, illness, and, in extreme cases, permanent trauma and death.

I certify that I have the necessary skills and ability to participate in said activities and assume full responsibility for myself for bodily injury, death and loss of personal property and expenses thereof as a result of my negligence in participating in said activity except to the extent such damage or injury may be due to the negligence of the Jonah staff.

I also agree to abide by the rules or instructions given to me either verbally or in writing by Jonah staff. I further understand that Jonah reserves the right to refuse to allow any person to participate who is judged to be incapable of meeting the rigors and requirements of participating in said activity.

I assume any risk that could result while participating in the Jonah program—either on or off-campus. I recognize that Jonah cannot guarantee that the participants, equipment, grounds and/or activities will be free of accidents or injuries. I understand that Jonah has taken extensive safety measures, as well as making every effort to aid in the safety of all guests, campers, and participants. I agree to assume the risk of injury and expense that could result while at Jonah. I release the property owners, Jonah, its staff members, and Board of Directors from liability for any injury to me while a guest or camper of Jonah.

In the event that medical care is necessary, I (or parent/guardian) give permission to Jonah staff to authorize transport, hospitalization, x-ray, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for the participant named above. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating; otherwise, I agree to bear the costs of any such injury or damage. My signature below certifies that I am in good health and do not have any medical or physical limitations that would affect my participation in Camp Jonah activities.

**MEDIA RELEASE:**

I give permission for Camp Jonah to use any photo or video of me/my child for Camp Jonah or promotional advertising. I release my rights to any kind of remuneration for said photos or videos.

I have read, understood, and accepted the terms and conditions stated herein and acknowledge that this agreement shall be effective and binding upon me during the entire period of participation in the said activity.

Participant's Printed Name \_\_\_\_\_ Participant's Age \_\_\_\_\_ Date (Month/Day/Year) \_\_\_\_\_

Signature of Adult Participant (18 years and older) **OR** Signature of Parent/Guardian (of minor participant 17 years and younger) \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION:**

#1 Name \_\_\_\_\_ Phone # \_\_\_\_\_

#2 Name \_\_\_\_\_ Phone # \_\_\_\_\_