

SUMMER CAMP 2016 HIGH SCHOOL ADVENTURE CAMPER LETTER

Dear Camper,

High ropes challenge course, white water rafting, rock climbing, caving . . . bring it on! This is a very **relational, team-oriented** camp experience planned for mature, upper-grade, physically active students. I hope you're ready for this!

This year will also include a vigorous **alpine day hike**, our traditional **Eco Challenge Course** (orienteeing and team initiatives), touring a **lava flow, camping** out under the stars at **Cave Creek Camp**, developing **teamwork skills**, competitive **night games, campfires, songs, stories & s'mores, experiential worship** gatherings, and taking time every day to **consider who I am and what I'm made for**.

Camp begins at 3:00 Sunday, July 17th, and your **families and friends** are welcome to **join us until 4:00**. They can also join us at the end of Camp from **2:00 to 3:00 Friday afternoon, July 22nd**, for our **farewell program & slideshow**.

If you have any questions, please call us: (509) 395-2900. We look forward to a fun-filled camp, and can't wait to spend some time **getting to know God together in His creation!** See you soon!

Micah Anderson (A.K.A. SPAM)

Program Director

CONNECT WITH US ONLINE



Camp Jonah on Facebook—*High School Adventure Camp 2016* photo album



Instagram *campjonah #highschooladventurecampjonah*



Camp Jonah on YouTube



Experience the
adventure and the
freedom and the
power of saying
YES to God!

campjonah.com/high-school-adventure-camp

WHAT TO BRING:

- Clothes for rain or shine
- Mud pit clothes and shoes
- Rugged pants, sweatshirt and shoes for caving
- Modest swimsuit & towel
- Flashlight/headlamp & batteries
- Hiking shoes & Sandals
- Outdoor Sleeping bag* & pillow
- Toothbrush & Toothpaste
- Soap & Shampoo
- Sunscreen
- Bug spray
- Durable, one liter Water bottle*
- Bible if you have one
- Money for the Camp Store (T-Shirts-\$10, snacks-\$1-\$3)
- Acknowledgment of Risk Form
- Medication Form
- Zoller's Rafting Waiver
- Check Track options for more

CHOOSE YOUR CHALLENGE (Pick one):

BIKING TRACK OPTION



Learn some fundamentals of XC riding on this two day intro to mountain biking ride consisting of mainly downhill cross country (XC) riding. Most of the ride will be on wide trails and dirt/gravel roads with no natural obstacles or technical features.

TO BRING FOR BIKING:

- Mountain bike
- Bike Helmet
- Small day pack for carrying water and lunch along

RAFTING TRACK OPTION



It's wet, it's wild and it's calling YOUR name. Two days of whitewater rafting training on the White Salmon River. Think river safety, guiding skills, rescue operations and camping out.

No additional items are needed

WHAT TO BRING FOR HIKING:

- Backpacking backpack*
- Sweater or Jacket**
- 1 Pair Long Pants**
- 1 Long underwear/under armor (top & bottom)**
- 1 Pair Wool Socks **
- 1 Thin Liner Sock **
- Medium weight jacket **
- Light weight rain jacket
- Hiking Shoes or boots
- A second durable one liter water bottle

HIKING TRACK OPTION



Pack everything you'll need on your back (think minimal) for our two day journey into the refreshing and remote Gifford Pinchot National Forest. No plumbing, no electronic devices, no mattresses . . . just us enjoying some of the most breathtaking land you'll ever set foot in.

* We have a limited supply of these items. Let us know if you need to borrow ours.

** Unlike Cotton, clothing made of wool or synthetics has been found to be very effective protection against the elements. This is because they are capable of retaining body heat even when wet. Athletic wear or hiking clothing both work great.

KEEP ME!

SUMMER CAMP 2016

CAMP JONAH

GENERAL INFORMATION

31 Little Mountain Road Trout Lake, WA 98650 - (509) 395-2900 - jonah@campjonah.com - www.campjonah.com

CONNECT WITH US ONLINE



Camp Jonah on Facebook



campjonah #campjonah on Instagram



Camp Jonah on YouTube

WHAT TO BRING

Please read the **Camper Letter** that accompanied this page for items specific to the camp your child is attending. We do want to highlight a couple of items:

- Enough play clothes, rain or shine, for each day, including at least 1 pair of pants, 1 sweatshirt/coat, a modest swimsuit, and tennis shoes + Sandals
- Sleeping bag and pillow—bedding is not provided
- Extra batteries with their flashlight or headlamp.
- Personal items (toiletries, towel, dirty clothes bag)
- Bible (we also have Bibles we can give away)
- Optional Money for Camp Store (see **CAMP STORE**)

WHAT NOT TO BRING

- **No cell phones** or other electronic devices (including music players, gaming systems, etc.) Please do not expect campers to make calls home during camp, except in the case of an emergency.
- Please do not bring pets, knives, weapons, or any electronics. Leave these at home unless permission has been granted prior to arrival at camp.

Camp is a place to be away from the usual distractions of life where we build community, and form strong relationships with God and others.

CHECK-IN

- **Please check your camper letter** for check-in information specific to your camp.
- **No early arrivals** for registration, please.
- When you arrive, enter through our main front entrance at the front door, and you will be directed through the registration process. At this time you will need: final payment, **all paperwork (including waivers), medication, camp store money, etc.** You will also need all the camper's belongings. Please contact us by phone or email if you have any questions.

*It is helpful to have your balance paid in full and all paperwork sent in **two weeks** before camp starts.*

VISITORS

We are serious about the safety of our campers, and so we discourage all visitations while camp is in session. Exceptions will be made only if prearranged, and at the discretion of the Camp Coordinator. All visitors must report to the office upon arrival.

MAIL

Camper Name/Name of Camp Session (i.e. Primary Camp)
Camp Jonah
31 Little Mountain Road
Trout Lake, WA 98650

We request that no emails be sent to your child. BUT—feel free to bring a letter or package to registration for us to give your child during the week (save on postage!).

MORE INFORMATION ON REVERSE



MORE INFORMATION

CAMP STORE

Camp T-shirts are available for \$10. Sweatshirts are \$25-\$30. \$2-\$3 per day of camp is a "normal" amount for snacks. Prices are \$1-\$2 per item for snacks and drinks. Other items are also available. Young campers will be allowed 2 snack and/or drink items per day.

MEDICATION

Please send only essential medication. Incidental, OTC (over-the-counter) medications are supplied by the Medical Supervisor on staff. All medications brought to camp **MUST** be checked in at registration. All medications (prescription, OTC, supplements, vitamins, etc.) require the following:

- Original container
- Specific written instructions including name, amount, time (see *Medication Form*)
- Parent/guardian signature authorizing administration by camp staff
- Correct name, time, and dosage printed on the label of prescription medications

LOST & FOUND

Please label all belongings. Camp Jonah is not responsible for lost items. Please keep track of all items sent to camp. It is your responsibility to call and make arrangements for the return of lost items. **All lost and found items will ONLY be kept for two weeks after each camp session.**

PAYMENTS

Payments can be made by:

- 1) **Check** made out to Camp Jonah. Send to 31 Little Mountain Road, Trout Lake, WA 98650
or
- 2) **Online** by using the "donate" button at www.campjonah.com
or
- 3) **At Registration** by credit card, cash or check

For online payment, specify under "notes" which week of camp the payment is for and which child.

CHECK-OUT

- Families and friends are invited to join us for the **Farewell Program and Picture slide show** at the time specified in the camper letter.
- Please **check the Lost & Found** table before you leave. You might see something you recognize!
- All camp photos will be added to our website shortly after camp is over.

REFUND

The \$50 deposit is non-refundable. However, up to two weeks prior to camp, you may transfer your child to a different camp (if space is available) without penalty. It is helpful if the balance of the camper fee is paid two weeks before the first day of your camp session. A two-week cancellation notice is required in order to receive a refund (minus the deposit).



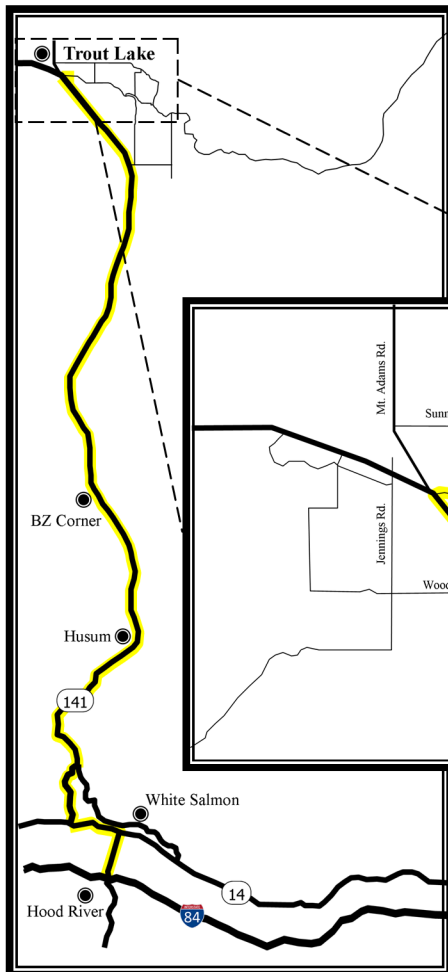
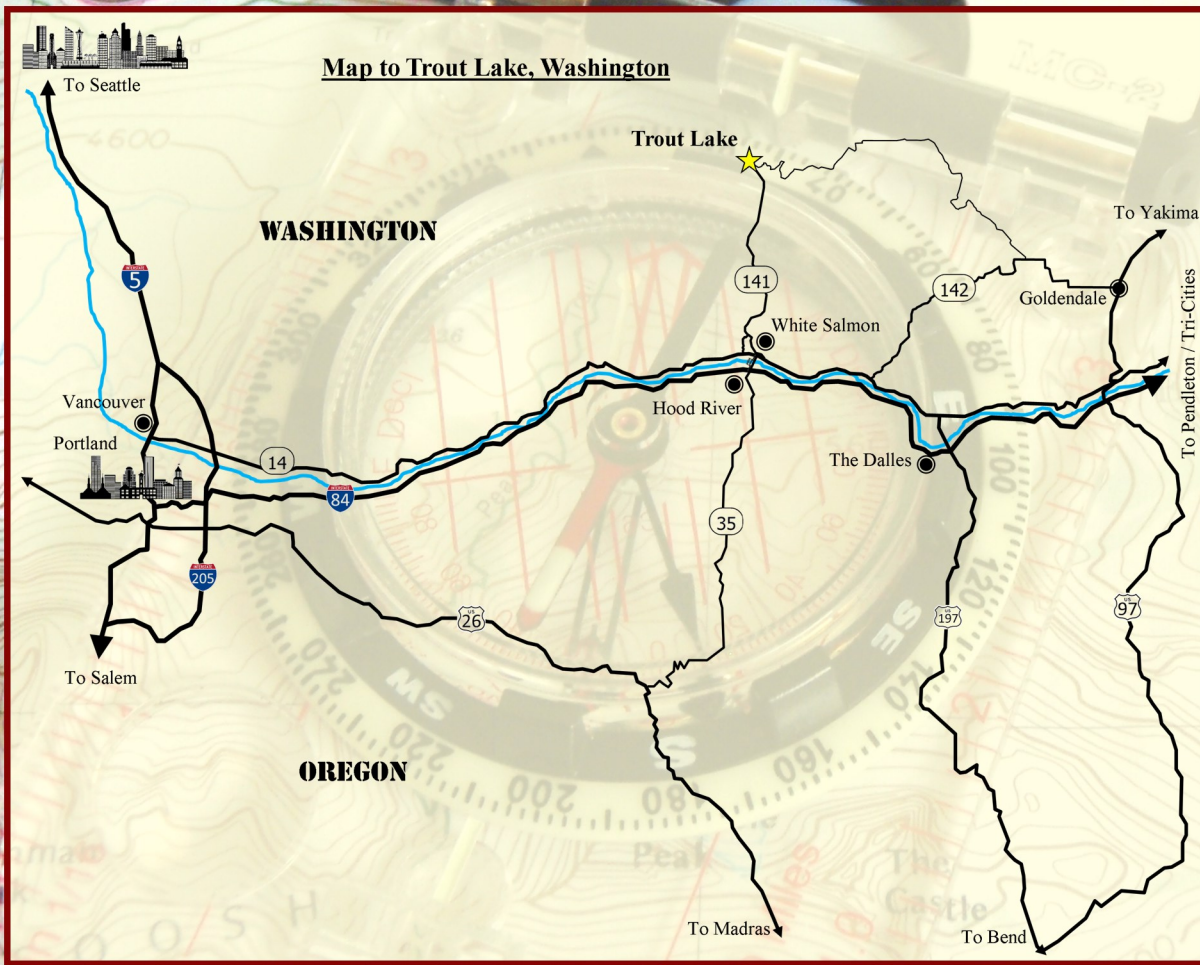
SEE YOU AT CAMP!

WHERE
KIDSLAUGH
HEARTS
CHANGE
&
GOD
SMILES



Experience the
adventure and the
freedom and the
power of saying
YES to God!

WWW.CAMPJONAH.COM



From I-84 ...

Take Exit 64 for Mt. Hood Hwy toward OR-35/White Salmon/Govt. Camp

Turn North toward Washington, onto Button Bridge Rd/Mt. Hood Hwy

0.1 mi

Continue straight to Cross the Hood River Bridge (\$1.00 toll required)

1.0 mi

Turn Left onto WA-14 West

1.5 mi

**Turn Right onto
WA-141 Alt N/WA-141**

2.2 mi

**Turn Left onto
WA-141 North to Trout Lake**

19.3 mi

**Turn Right onto
Little Mountain Rd.**

0.3 mi

**Camp Jonah is on the left in the old Trout Lake School Building
31 Little Mountain Rd.**

CAMP JONAH ACKNOWLEDGEMENT OF RISK FORM

ALL GUESTS OF CAMP JONAH MUST SIGN THIS WAIVER (FORMERLY GUEST WAIVER)

31 Little Mountain Road, Trout Lake, WA, 98650 * 509-395-2900 * 509-395-2920 fax * www.campjonah.com * jonah@campjonah.com

RELEASE OF LIABILITY:

As a guest of Camp Jonah (Jonah), I understand that a certain amount of risk is involved for individuals engaging in activities involved with our program. As a guest or camper I recognize the element of risk in any adventure, sport or activity associated with the Jonah program. I am fully aware of the risks and dangers inherent in activities such as, but not limited to: hiking, rafting, caving, low and high challenge course, zipline, climbing wall, inflatables, swimming, backpacking, field games, etc.

I understand the possible risks and dangers of participating in such activities. I realize that illnesses and injuries related to unpredictable weather conditions, carelessness, including failure to follow instructions, of other participants and Jonah staff, may occur and may be the cause of loss or damage to equipment or personal injury, illness, and, in extreme cases, permanent trauma and death.

I certify that I have the necessary skills and ability to participate in said activities and assume full responsibility for myself for bodily injury, death and loss of personal property and expenses thereof as a result of my negligence in participating in said activity except to the extent such damage or injury may be due to the negligence of the Jonah staff.

I also agree to abide by the rules or instructions given to me either verbally or in writing by Jonah staff. I further understand that Jonah reserves the right to refuse to allow any person to participate who is judged to be incapable of meeting the rigors and requirements of participating in said activity.

I assume any risk that could result while participating in the Jonah program—either on or off-campus. I recognize that Jonah cannot guarantee that the participants, equipment, grounds and/or activities will be free of accidents or injuries. I understand that Jonah has taken extensive safety measures, as well as making every effort to aid in the safety of all guests, campers, and participants. I agree to assume the risk of injury and expense that could result while at Jonah. I release the property owners, Jonah, its staff members, and Board of Directors from liability for any injury to me while a guest or camper of Jonah.

In the event that medical care is necessary, I (or parent/guardian) give permission to Jonah staff to authorize transport, hospitalization, x-ray, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for the participant named above. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating; otherwise, I agree to bear the costs of any such injury or damage. My signature below certifies that I am in good health and do not have any medical or physical limitations that would affect my participation in Camp Jonah activities.

MEDIA RELEASE:

I give permission for Camp Jonah to use any photo or video of me/my child for Camp Jonah or promotional advertising. I release my rights to any kind of remuneration for said photos or videos.

I have read, understood, and accepted the terms and conditions stated herein and acknowledge that this agreement shall be effective and binding upon me during the entire period of participation in the said activity.

Participant's Printed Name _____ Participant's Age _____ Date (Month/Day/Year) _____

Signature of Adult Participant (18 years and older) **OR** Signature of Parent/Guardian (of minor participant 17 years and younger)

EMERGENCY CONTACT INFORMATION:

#1 Name _____ Phone # _____

#2 Name _____ Phone # _____

ZOLLER'S RAFTING WAIVER Jonah Ministries participates with Zoller's Outdoor Odysseys, Inc. as one of our off-campus activities. Zoller's Outdoor Odysseys, Inc. requires this waiver to participate in their program. Thank you for your cooperation.

17 AND UNDER

If under eighteen years of age, parent, guardian, or custodian must sign the following indemnification:

INDEMNIFICATION

In consideration for the above minor being permitted by ZOLLER'S OUTDOOR ODYSSEYS, INC. to participate in the activities of rafting which include, without limitation, the use of its services, and equipment, I agree to the following waiver, release and indemnification:

The undersigned parent, guardian, or custodian of the above minor, for himself/ herself and on behalf of said minor, hereby joins in foregoing Waiver and Release and hereby stipulates and agrees to save and hold harmless, indemnify, and forever defend ZOLLER'S OUTDOOR ODYSSEYS, INC., THEIR DIRECTORS, OFFICERS, AGENTS, EMPLOYEES, AND VOLUNTEERS FROM AND against any claims, actions, demands, expenses, liabilities (including reasonable attorneys' fees), and NEGLIGENCE made or bought by said minor or by anyone on behalf of said minor, as a result of said minor's participation in the activities of ZOLLER'S OUTDOOR ODYSSEYS, INC. and his or her use of the property and facilities of ZOLLER'S OUTDOOR ODYSSEYS, INC. I, for myself and on behalf of said minor, agree not to sue ZOLLER'S OUTDOOR ODYSSEYS, INC. as a result of any injury, paralysis, or death that said minor suffers in connection with his/her participation in the activities of ZOLLER'S OUTDOOR ODYSSEYS, INC.

I also grant ZOLLER'S OUTDOOR ODYSSEYS INC., permission to photograph this activity. I UNDERSTAND THAT THESE PHOTOGRAPHS MAY BE AVAILABLE TO PURCHASE AS WELL AS USED IN PROMOTIONAL ENDEAVORS.

This Agreement shall be governed by and construed in accordance with the laws of the State of Washington and venue of any action relating to this release shall be in Klickitat County, Washington.

Signature of Parent, Guardian or Custodian of Minor

Date

Print Name of Minor

Witness

Date

Camp Jonah Camper Medication Form

This form must be completely filled out for campers bringing any medication to camp. Please fill out one section of this form for each medication. **Please send only essential medication.** Incidental, OTC (over-the-counter) medications are supplied by the Medical Supervisor on staff. All medications brought to camp **MUST** be checked in at registration. All medications (prescription, OTC, supplements, vitamins, etc.) require original container and correct name, time, and dosage printed on the label of prescription medications.

Medication for _____

Medication Name:					<input type="checkbox"/> As needed Only
					<input type="checkbox"/> Dispense Regularly
	Breakfast	Lunch	Dinner	Bedtime	Other
Sunday					
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Medication Name:					<input type="checkbox"/> As needed Only
					<input type="checkbox"/> Dispense Regularly
	Breakfast	Lunch	Dinner	Bedtime	Other
Sunday					
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					

(Name of Camper)

Parent/Guardian Signature _____ Date ___/___/___