

## What to Bring:

STUDENTS	LEADERS
<ul style="list-style-type: none"> <li>-Sleeping bag</li> <li>-Pillow</li> <li>-Towel</li> <li>-Toiletries</li> <li>-Clothes for all weather</li> <li>-Flashlight and batteries (if caving)</li> </ul>	<ul style="list-style-type: none"> <li>-Minimum Payment</li> <li>-Acknowledgement of Risk Form for each student/leader</li> <li>-First aid kit</li> <li>-Sleeping bag</li> <li>-Pillow</li> <li>-Towel</li> <li>-Toiletries</li> <li>-Clothes for all weather</li> <li>-Ear plugs</li> <li>-Garbage bags for students' wet, dirty clothes</li> </ul>



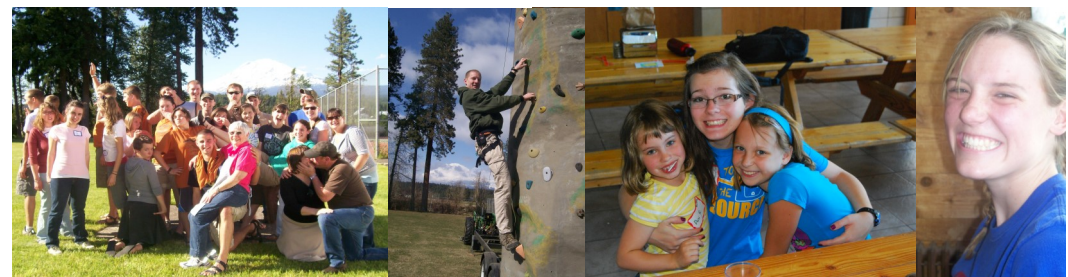
## STUFF YOU SHOULD KNOW QUEST GROUP BOOKLET



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[www.campjonah.com](http://www.campjonah.com)

If you need help with something during your retreat  
 please feel free to call:

Jeff: 541-490-3055 or Beki: 541-980-5505



### PM Shutdown Process:

*Please assign one person to follow this checklist (so that we can go to bed before you do)*



- Dining Hall: Lights off, turn off coffee pot and hot water pot
- Lobby: Lights off. Switch by front door. Leave outside lights on
- Upper Hall: Turn off light switch at far end of hall, turn off lights in all rooms, bathrooms (emergency lights will stay on)
- Lower Hall: Turn off hall lights (emergency lights will stay on)
- Please turn off all Bathroom and Shower Room lights
- Gym: Turn off all lights (on stage), leave heater fan on low
- Rec Room: Turn off lights
- Chapel: Lights off, video projector off (not just on standby-- red light will be showing), amp and mixer off, power screen up.

**THANK YOU FOR FOLLOWING THIS SHUT DOWN CHECKLIST!**

Local Businesses:	Local off-campus housing:
The Station Café (509-395-2211) Heavenly Grounds Café (509-395-2211) Andy's Gas Station (509-395-2211) Trout Lake Grocery (509-395-2777)	Trout Lake Valley Inn: (509-395-2300) Cozy Cabins: (509-395-2500) Rooms/TL Grocery: (509-395-2777) Elk Meadows RV Park & Cabins: (509-395-2400)

### **Memberships:**

Christian Camp and Conference Association (CCCA), Association for Challenge Course Technology (ACCT) , Christian Video Licensing Incorporated (CVLI), Christian Copyright Licensing, Inc. (CCLI)

**CAMP JONAH** is a Christian, 501(c)(3), non-profit camp and retreat center. We operate year-round providing Christian camps, and hosting rental camps and retreats who are in agreement with our mission statement and statement of faith; we provide facilities for various activities and serve as a hub for many community events.

**Goals:** We have two main goals at Camp Jonah - that each guest will take the next step in their walk with God and that they will HAVE FUN! If you have any questions or special requests prior to your retreat, please call or email. We love to help you tailor-make your event.

**Bus Transportation:** We can provide bus transportation for your group for \$2.00 per mile. This price is subject to change as fuel prices increase. If the bus ride is over 5 hours, we add a hotel charge. The cargo trailer is an additional \$50.

**Guest Rooms/Meeting Rooms:** Please let us know prior to arrival if/how many rooms you will need for guests (speaker, bus driver, etc.), meetings or small groups. You must bring bedding for ALL rooms.

**Food Requests:** Please inform us at least ten days prior to arrival if you have any special dietary needs that require special foods. Please provide the names of the students/leaders who require the special menu. This includes gluten, dairy, vegetarian, etc.

**Schedule:** Please email your schedule to us at least one week prior to your arrival so that we can have the activities, personnel, etc. ready to meet all your needs. **Meal Times:** We prefer 8:30, 12:30 & 5:30, but we'll gladly make changes if you ask before you arrive.

**Quiet Hours:** Indoors: it's up to you. Outdoors: 11:00 PM -7:00 AM. Please remind students to be quiet between the main building and The Lunch Counter during quiet hours.

**Cell Phone Use:** Only ATT & Verizon have service in Trout Lake.

**Lost & Found:** We will keep "found" items for two weeks only. Please call or email quickly if you've left something behind and we'll mail it to you. During your retreat, please put unclaimed items on Lost & Found table in lower hall. Please check ALL rooms prior to leaving for items left behind.

**Cleaning List:** We'll clean up after you, but we sure appreciate you taking everything (and everyone) home with you!

### **CAMP JONAH STATEMENT OF SEXUALITY**

We believe that the term "marriage" has only one meaning: the uniting of one man and one woman in a single, exclusive union, as delineated in Scripture (Gen. 2:18-25). We believe that God intends sexual intimacy to occur only between a man and a woman who are married to each other (1 Cor. 6:18; 7:2-5; Heb. 13:4). We believe that God has commanded that no intimate sexual activity be engaged in outside of a marriage between a man and a woman.

We believe that God wonderfully and immutably creates each person as male or female. These two distinct, complementary genders together reflect the image and nature of God (Gen. 1:26-27). Acceptance of one's biological sex is acceptance of the image of God within that person. We believe that all human life is sacred and created by God in His image. Human life is of inestimable worth in all its dimensions, including pre-born babies, the aged, the physically or mentally challenged, and every other stage or condition from conception through natural death (Ps. 139). We are therefore called to defend, protect, and value all human life.

We believe that every person must be afforded compassion, love, kindness, respect, and dignity (Mark 12:28-31; Luke 6:31). Hateful and harassing behavior or attitudes directed toward any individual are to be repudiated and are not in accord with Scripture nor the values of Camp Jonah.

We believe that God offers redemption and restoration to all who confess and forsake their sin, seeking His mercy and forgiveness through Jesus Christ (1 Cor. 6:9-11; 1 John 1:9).

Our statement of faith does not exhaust the extent of our beliefs. The Bible itself, as the inspired and infallible Word of God that speaks with final authority concerning truth, morality, and the proper conduct of mankind, is the sole and final source of all that we believe. For purposes of Camp Jonah's faith, doctrine, practice, policy, and discipline, our board of directors is Camp Jonah's final interpretive authority on the Bible's meaning and application.

We believe that in order to preserve the function and integrity of Camp Jonah and to provide a biblical role model it is imperative that all persons in leadership at Camp Jonah in any capacity, agree to and abide by this Statement on Sexuality (Matt. 5:16; Phil. 2:14-16).

## **CAMP JONAH MISSION, VISION, VALUES, BELIEFS**

*Where Kids Laugh, Hearts Change and God Smiles*

**MISSION STATEMENT** Camp Jonah exists to be, live and share the Gospel of Jesus Christ through unique camp and retreat experiences.

**VISION STATEMENT** We envision a growing campus where people are drawn to the beauty of Trout Lake, our welcoming hospitality, the uniqueness and spiritual depth of our programs, and the comfort of our facilities

**CORE VALUES** We value...

Prayer – listening to and being directed by God

Partnership – serving other ministries, building God’s Kingdom, networking

Community – being available to Trout Lake and surrounding areas

Saying “yes” – meeting the needs and requests of others, saying yes to Jesus

Depth – encouraging next steps, spiritual growth events, training, team building

Creation – experiencing God through the wonder of His creation

Generosity – being affordable, willing, giving

History – telling the story of how Camp Jonah began and how God continues to lead and provide

Unique – in our programming, location, setting, facility

Safety – in our attitudes, facilities, programming, policies

Experiential – in our teaching and worship and free time activities

God’s Word – in its entirety and inerrancy

**STATEMENT OF FAITH** We believe...

1. That the Bible is the inspired Word of God and is inerrant, infallible and authoritative in the original writings.
2. In one God, eternally existent in three Persons: Father, Son, & Holy Spirit.
3. In the deity of our Lord Jesus Christ, in His virgin birth, in His sinless life, in His miracles, in His vicarious death and atonement through His shed blood, in His bodily resurrection, and in His personal return in power and glory.
4. That for the salvation of lost and sinful man, faith in the Lord Jesus Christ and regeneration by the Spirit are essential.
5. In the present ministry of the Holy Spirit, by Whose indwelling the Christian is enabled to live a godly life.
6. In the forgiveness of sins, the resurrection of the body, and life eternal.
7. In the spiritual unity of the Church, which is the Body of Christ, composed of all who are regenerated through faith in the Lord Jesus Christ.

## **IMPORTANT! 3-Step Payment Plan\*** (check or credit card):

1. Send deposit with your contract. The non-refundable deposit is 10% of the total minimum cost of the retreat.
2. Minimum balance is due upon arrival. Please request check from church treasurer early so that you can bring it with you. Yes, we’ll send you home with a receipt of payment.
3. Final balance is due within two weeks of departure. We’ll mail you an invoice with the final amount due.

\*Any of these “steps” may be paid by credit card

\***Group Discounts:** Ask us about our new discounts for groups of 60+ and 80+

**Cancellation Policy:** Your group will be required to pay 50% of the Minimum Guarantee if you cancel this contract 90 days prior to the first day of the retreat. You will be required to pay the full Minimum Guarantee if you cancel this contract 30 days or less prior to the first day of the retreat. Your contract requires us to reserve specific dates, staff, activities, and equipment for your group. We may have turned other groups away and already purchased groceries, etc. Therefore, please bring at least the contracted minimum number of participants. Our heart is not to charge you for people you did not bring, but we must cover our time and expenses.

## **IMPORTANT! 3 Forms Needed:**

1. Contract (sign, return with deposit)
2. Certificate of Insurance (We carry only secondary insurance. You must be covered by your group’s insurance policy.)
3. Acknowledgement of Risk Form for each student and leader (Give to Beki upon arrival.)

**IMPORTANT! First Aid/Medication:** You are in charge of your group’s first aid needs. Please appoint a medic (with a minimum of first aid/CPR training) and bring your own first aid kit. You must provide for emergency transportation, first aid and emergency care for any injuries or illnesses occurring while on camp grounds. Injuries and sickness incurred while at camp must be reported to the camp host prior to leaving. You are also in charge of all student medication. Insulin, etc. can be stored in the refrigerator at the back of the Dining Hall, not in the Camp Kitchen.

**Coffee/Hot Chocolate:** For adult groups, coffee and tea will be available early morning to late at night. For youth retreats, hot drinks will be available only during meal times and on cold days (coffee & tea will be available all day for leaders only). Please instruct your students not to help themselves to stock of drinks in the cupboards. FOR LEADERS ONLY - creamers are available on the front serving counter behind the silverware and teas are in the cupboard above the coffee.

### Conduct & Rules:

- You are responsible to supervise ALL activities and behavior. Please have an adult with **all** students at **all** times in **all** places.
- Please keep active games in gym or outdoors (please no Hide & Seek-type games indoors).
- Camp Jonah (CJ) reserves the right to qualify all prospective users. **Programs offered may not be in conflict with the objectives and /or doctrinal statement of CJ.** We have the right to ask guests to cease activities or leave the facility if any activities/teachings/behaviors are in conflict with our mission statement, or with the law, or create a safety hazard for guests or staff. If this occurs, you will remain obligated to the contracted financial minimum.
- You will be responsible for all equipment used, and will pay loss at a replacement value for breakage beyond normal wear.
- Alcoholic beverages, illegal drugs, weapons, and pets are not permitted on the grounds. Smoking outside only, please.
- Mattresses are for sleeping only, not for gym games, etc., please!
- You are responsible to communicate these guidelines to the attendees of the retreat and to ensure compliance.**
- Please do not eat or drink anything other than water in the dorms or chapel.
- No Pranks and no pets, please!
- The kitchen is off-limits (health department rule).

**CAMP JONAH FACILITY USE POLICY** Camp Jonah's programs and events are open to all people.

Camp Jonah rents our property and allows use of our property to groups with beliefs and practices that are in alignment with or not opposed to our Statement of Faith and religious practices.

Camp Jonah respectfully declines to rent or allow use of our property to groups who are not in alignment with our Statement of Faith or have agendas for the gatherings that are in conflict with our Statement of Faith and religious practices, as defined by biblical teaching.

Camp Jonah has the right to ask guests to cease activities or leave the facility if the guest group activities are in conflict with our mission statement or the law or create a safety hazard for guests or staff. The guest group will remain obligated to the contracted financial minimum.

The determination whether to rent to groups under this policy is made by the Executive Director.

**The Lunch Counter (TLC):** Available anytime but must always have adult supervision. We will provide you with a key on a lanyard upon arrival. Come check out our favorite hang out and camp store. Visit **TLC** in the early morning hours for a warm drink and a quiet time with Jesus in front of the fireplace *or* hang out with your retreat group at Camp Jonah's newest hot spot! We will open the camp store upon request.

**Rec Room:** Is located upstairs in the main building and has Pool Table, Ping Pong, Foosball, and Carpet Ball. You must have a leader supervising this room at all times. This person will be responsible to oversee use of the room and all the equipment. Please bring some quarters for the use of pool table and purchase of ping pong balls.

**Bring-your-own-Snacks:** If you bring your own snacks, please store/serve them at the back of the Dining Hall. There are cupboards for storage and a refrigerator/freezer for your use. Bring EVERYTHING necessary for serving your snacks (plates, cups, silverware, napkins, bowls, etc.). Please clean up after yourselves so that the morning kitchen crew doesn't arrive to a messy surprise! No students or leaders are allowed in the main kitchen.

**Activities Available:** Please request activities 2 weeks prior to arrival so that we can have adequate staff on hand to properly facilitate.

### ON CAMPUS

- |   |   |
|---|---|
| -Gym (no charge)  | -Inflatable Bounce House (\$100/3 hrs)    |
| -9 High (no charge)   | -Inflatable Bungee Run (35', \$100/3 hrs) |
| -4 way Grinder (no charge)  | -Box Hockey (no charge)                   |
| -Finger Rockets (\$50 for 3 hours)  | -Life sized Checker Board (no charge)     |
| -Zipline (50' x 500', \$200/3 hrs)  |   |
| -Tennis Court (no charge, bring your own racquets/balls)                    |   |
| -Indoor Volleyball (no charge. Involves some set-up time)                   |   |
| -Rec Room (foosball, carpet ball, bring quarters for pool, ping pong balls) |   |
| -Outdoor Portable Climbing Wall (28', \$200/3 hours)                        |   |
| -Gator Skin Balls (the original dodge ball—\$50 for 3 hours)                |   |

### OFF CAMPUS - Jonah

- Hiking (no charge)
- King Swing (\$200 for 2-3 hrs)
- Paintball (\$15 per person, \$300 min.)
- Challenge Course (guest group: \$400 flat rate for 1-20 people, \$15 each for 21+people, 4 hours)
- Challenge Course (non-guest group \$1,500 flat rate for 6-8 hours)
- Caving (no charge, must bring own flashlights and extra batteries)
- 2.8 mile loop for walking/jogging right from our front door

**Snow Play** by request (and if weather conditions are favorable) \$200 for 4 hours. This may include snowmobiles pulling inner tubes, bonfire and s'mores, hot chocolate.

It's best to talk about activities closer to your event when we know what the weather report looks like. We can be really flexible, but we need to know what you're hoping to do as soon as possible so that we can bring in enough staff to make your event run smoothly. Let's do this together!